



Early Childhood Positive Behavioral Interventions and Supports *...Building Positive Relationships!*

What is Positive Behavioral Interventions and Supports for infants, toddlers, and young children, and their families?

Positive Behavioral Interventions and Supports (PBiS) is a teaching approach all parents and caregivers can use to develop positive relationships with children and to teach social skills needed to prevent challenging behavior.

PBiS helps parents and caregivers create healthy, comfortable and safe environments for children to learn. Teachers and parents work together to teach children age-appropriate social, emotional, and behavioral skills.

PBiS is used across Saint Paul Public Schools. As children get older, they will know what is expected at school and how to respond to conflict in a healthy way.

In Saint Paul Public Schools Early Childhood programs, children learn three important expectations:

Be Safe, Be Kind and Be Responsible!

Your child's teacher will work with you to embed these expectations in your child's daily routines and activities at home.

Why is this important to your child?

Your child is getting an excellent education, which supports social-emotional skills and development.

Your child benefits from specific teaching about what is expected and how to meet the expectations.

PBiS is nationally recognized to support children's mental health, which impacts early learning.

PBiS research shows that young children spend more time learning, adjust more easily to new situations, and show less challenging behavior when they have positive relationships and developmentally appropriate expectations.

Where can I get more information?

For more information talk with your child's teacher or contact:

Ruth Paisley, Early Childhood Special Education Teacher

Phone: 651-696-9650

email: ruth.paisley@spps.org

Birth to 3 2/15/11

Be Safe, Be Kind, Be Responsible!